

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>  3:00 Movie-P	<b>2</b> Full Body Massage-Spa 9:30 Roche Bros.-O 10:20 Park School-G 11:00 Strength & Stretch-G 2:00 Singer-Michael Goodwin's Holiday Concert-G 3:00 Rosary-P 3:30 Challenging Trivia-G	<b>3</b> Happy Birthday Howard  <b>2:00 SL Tree Trimming-P</b> <b>2:00 Rockland Trust-PDR</b> 2:30 Showa Students-A 4:00 Bingo-A 7:00 Bingo-G	<b>4</b> 10:00 Newscurrents-G 10:30 Art Matters-P 11:30 Yoga-G 1:00-4 Bessie from Avon Lob. 4:00 Snow Store- Lob. 6:45 Wreath-Making at Holy Name School-O 7:00 Movies=G	<b>5</b> 10:00 Shadow the Dog-G 10:00 Christmas Tree Shops-O 10:30 JP Current Affairs-P 11:00 Chair Exercises-G 2:00 Mass and Confession-G 3:00 Walking Club-P <b>4:00 IL Resident Mtg.-G</b> 4:00 Bingo-A 7:00 Games-G	<b>6</b> 10:00 Breakfast at Rox Diner-O 11:00 Violin & Piano Lessons w/ Don-G 12:00 Roche Bros.-O 2:30 Yoga w/ Nellie-G 3:30 Pianist-Mark West- P 7:00 Movie-G	<b>7</b> 10:00 Seamstress- Lob. 11:00 Meditation -G 11:00 Memoir Writing w/ Terri-P 1:30 Suzuki Holiday Concert-G 3:00 Movie-P 7:00 Movie-G
<b>8</b> Sophia Snow Place Holiday Party 2:00-5:00  	<b>9</b> Chair Massage-Spa 9:30 Shaw's-O 10:20 Park School Visit-G 10:30-12:15 JP Men's Group- P 11:00 Exercise w/ Doreen-G 12:30 One Bistro-O 2:30 Rosary-P <b>3:30 IIL Resident Council-G</b> 4:00 Holiday Word Games-A	<b>10</b> 10:45 Motion w/ Music-P 2:30 Showa Students-A 3:00 Guava Tarts-A 4:00 Bingo-A 7:00 Bingo-G	<b>11</b> 10:00 Animal of the Month- Blue Whale-A 11:30 Yoga-G 3:00 Catholic Memorial Holiday Concert-G 4:00 Snow Store -Lob.& A 6:30 Advent Service-P 7:00 Movies-G	<b>12</b> 10:30 Westwood Shopping and Lunch-O 11-3:00 Rose Marie's Jewelry Show-Lob. 11:00 Chair Exercises-G 3:00 Walking Club-P 4:00 Tech Club-G 4:00 Bingo-A 7:00 Games-G	<b>13</b> 10:30 Pianist-Al Dubois-P 11:00 Music Lessons w/ Don-G 12:00 Roche Bros.-O 2:30 Mass with Fr. Charlie-G 3:30 Yoga w/ Nellie-G 4:00 Family Feud-A 7:00 Movie-G	<b>14</b> 10:00 Seamstress -Lob. 11:00 Silent Movies with Richard-P 1:30 Poker-G 3:00 Movie-P 7:00 Movie-G
<b>15</b> Happy Birthday Wanda  3:00 Movie-P	<b>16</b> Full Body Massage-Spa 9:30 Roche Bros.-O 10:00 Bible Study-PDR 11:00 Strength & Stretch-G 2:00 "Lessons and Caroling"- G 2:30 Rosary-P 3:30 Holiday Craft-G	<b>17</b> <b>2:00 Rockland Trust-            PDR</b> 2:30 Showa Students Holiday Party-A 3:30-4:30 Gift Wrapping for "Seniors in Need"-G 4:00 Bingo-A 7:00 Bingo-G	<b>18</b> 9:30-10:30 Blood Pressure Clinic-Ex. Rm 10:00 Little Blessings -G 10:45 Newscurrents-G 11:30 Yoga-G 4:00 Snow Store -Lob 5:00 Sophia's Grotto-O 6:30 Advent Service-P 7:00 Movie-G	<b>19</b> Happy Birthday David G. 10:00 Trader Joe's-O <b>10:30-4 Manicurist-BP</b> 11:00 Chair Exercises-G 2:00 Peppermint Brownies-A 3:00 Walking Club-P 4:00 Tech Club-G 4:00 Bingo-A 7:00 Games-G	<b>20</b> Happy Birthday Joan O. 11:00 Music Lessons w/ Don-G 12:00 Stop & Shop.-O 2:30 Yoga w/ Nellie-G 7:00 Movie-G	<b>21</b> 10:00 Seamstress -Lob 11:00 Meditation w/Kat-G 1:30 Poker-G 3:00 Movie-P 7:00 Movie-G
<b>22</b> Hanukkah Begins   1:45 Lutheran-P 3:00 Movie- P	<b>23</b> Chair Massage-Spa 9:30 Roche Bros.-O 10:30 Wayside Inn-O 2:00 Music & Exercise w/ Steve-G 2:30 Rosary-P 3:30 What's In the Stocking?- P	<b>24</b> 10:45 Motion w/ Music Christmas Show-P 2:00 Hanukkah Celebration -P 4:00 Bingo-A 7:00 Bingo-G	<b>25</b>  	<b>26</b> Kwanzaa Begins   9:30 Job Lot-O 11:00 Chair Exercises-G 2:30 New Year's Collage Art-A 4:00 Bingo-A 7:00 Games-G	<b>27</b> Happy Birthday Cynthia 11:00 Singer-Dan Hart-P 12:00 Shaw's.-O 2:30 Yoga w/ Nellie-G 4:00 Horseracing Game- A 7:00 Movie-G	<b>28</b> 10:00 Seamstress -Lob 1:30 Poker-A 3:00 Movie-P 7:00 Movie-G
<b>29</b>  3:00 Movie- P	<b>30</b> Full Body Massage-Spa 9:30 Stop & Shop.-O 11:00 Exercise w/ Doreen-G 2:30 Rosary-P 3:00 Make Pigs-In-A- Blanket!-A No Short Story Group Today! <b>6:30 IL Birthday Dinner-G</b>	<b>31</b> New Year's Eve!  <b>Ring in            the            New            Year!</b>  2:00 New Year's Party-G 4:00 Bingo-A 7:00 Bingo-G		<u>Location Key</u> <b>G</b> -Great Room <b>P</b> - Parlor <b>A</b> - Activity Room <b>O</b> - Outing <b>BP</b> - Beauty Parlor <b>Lob.</b> - Lobby <b>Ex. Rm.</b> -Exercise Room		<b>Activities are            subject to change.            For more up-to-date            information            See the daily flyers            in the elevators and            at the nurse's            stations.</b>